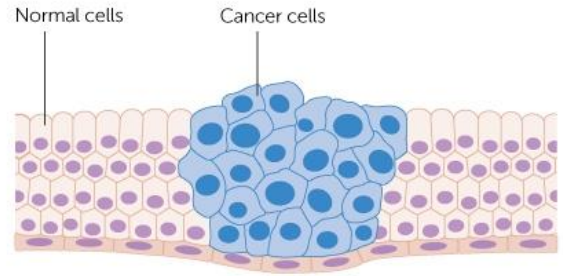


SETA
WELLNESS & SAFETY
AWARENESS
MONTHLY BLAST

What is Cancer?

Cancer is a class of diseases characterized by out-of-control cell growth. There are over 100 different types of cancer, and each is classified by the type of cell that is initially affected.

Tumors can grow and interfere with the digestive, nervous, and circulatory systems and they can release hormones that alter body function. Tumors that stay in one spot and demonstrate limited growth are generally considered to be benign.



Cancer Research UK

Cancer harms the body when altered cells divide uncontrollably to form lumps or masses of tissue called tumors (except in the case of leukemia where cancer prohibits normal blood function by abnormal cell division in the blood stream).





There are more than 100 types of cancer; any part of the body can be affected.

American Cancer Society

Important Fact!

You should know some of the general signs and symptoms of cancer. But remember, having any of these does not mean that you have cancer – many other things cause these signs and symptoms, too. If you have any of these symptoms and they last for a long time or get worse, please see a doctor to find out what’s going on.

- 
 Pink...
 Breast Cancer
- 
 Teal...
 Ovarian Cancer
- 
 Clear...
 Lung Cancer
- 
 Purple...
 Pancreatic & Leiomyosarcoma
- 
 Orange...
 Leukemia
- 
 Emerald Green...
 Liver Cancer
- 
 Periwinkle Blue...
 Esophageal & Stomach Cancer
- 
 Black...
 Melanoma
- 
 Dark Blue...
 Colon Cancer
- 
 Burgundy...
 Multiple Myeloma
- 
 Grey...
 Brain Cancer
- 
 Blue...
 Prostate Cancer
- 
 Teal/White...
 Cervical Cancer
- 
 Yellow...
 Sarcoma/Bone/Bladder Cancer
- 
 Gold...
 Childhood Cancers
- 
 Burgundy/Ivory...
 Head & Neck Cancer
- 
 Lime...
 Lymphoma
- 
 Peach...
 Uterine Cancer
- 
 Kelly Green...
 Kidney Cancer
- 
 Teal/Pink/Blue...
 Thyroid Cancer
- 
 Lavender...
 All Cancers

Known and Possible Causes

October is
Breast Cancer
Awareness Month

The Best Protection
is Early Detection



www.wcbc.info

Things in the environment you may be exposed to; not limited to and including different types of chemicals and/or radiation.

- Alcohol
- Asbestos
- Aspartame
- Cell Phones
- Diet
- Family History
- Hair Dyes
- Physical Activity
- Power Lines
- Smoking
- Talcum Powder
- Viruses
- X-Rays

Resources

American Cancer Society
<https://www.cancer.org/cancer/cancer-basics/signs-and-symptoms-of-cancer.html>

This is Living With Cancer
<https://www.thisislivingwithcancer.com/livingwith-app?cmp=42bb81fb-166b-483b-8f9c-856913816dd1>

Cancer Support Community
<https://www.cancersupportcommunity.org/resources>

Cancer.Net
<https://www.cancer.net/navigating-cancer-care/financial-considerations/financial-resources>

Cancer Symptoms and Signs

Unexplained Weight Loss

~When you lose weight for no known reason, it's called an unexplained weight loss. An unexplained weight loss of 10 pounds or more may be the first sign of cancer.

Fever

~Fever is very common with cancer, but it more often happens after cancer has spread from where it started.

Fatigue

~Fatigue is extreme tiredness that doesn't get better with rest.

Pain

~Pain or a headache that does not go away or get better with medication or treatments.

Skin Changes

~Along with skin cancer, other cancers can cause skin changes to be seen:

- Darker looking skin -Yellowish skin or eyes
- Reddening skin -Itchy skin
- Excessive hair growth on various parts of the body

*What Cancer Can
Not Do!*

*It cannot cripple
LOVE*

*It cannot shatter
HOPE*

*It cannot corrode
FAITH*

*It cannot destroy
PEACE*

*It cannot kill
FRIENDSHIP*

*It cannot suppress
MEMORIES*

*It cannot silence
COURAGE*

*It cannot invade the
Soul*